

Evesham Rowing Club Rowing Risk Matrix – “Unsupervised Outings”

Use Your Common Sense – If in Doubt then Don't Go Out

All rowers must check their boats before going on the water.

Date	Time Out	Time In	Crew	Person in Charge (Sign)

Black Risk Conditions			
Condition	Y/N	Condition	Y/N
Water Level above 1.06 m		Very High Wind / Gusts	
Very Fast River Flow		Waves (> 1 foot / 30 cm)	
Very Heavy River Debris		River Ice	
Thick Fog (< 75m visibility)		Very Busy River Traffic	
Electric Storm / Lightening		Night	

IF ONE OR MORE BLACK CONDITIONS EXIST IT IS UNSAFE TO ROW. THE OUTING MUST BE CANCELLED

Element	Risk Assessment	Score	Your Score	Element	Risk Assessment	Score	Your score
Boat Type	Single	5		River Level Marker	Red (above 1.06m)	25	
	Pair	5			Amber	3	
	Double	3			Green	0	
	Four / Quad	0		River Flow	Very fast / waves >30cm	25	
	Eight/Octopule	0			Fast	5	
Crew	Novice / J16 or under	25		Medium	3		
	Inexperienced/ LTR/ Development	20		Normal	0		
	Combination	10		Weather and Water	High Wind / Rough Water		25
	Experienced / J17+	0			Heavy Rain / Gusty / Choppy / Mild Rain		5
River Traffic	Very busy (e.g festivals etc.)	25		Visibility	Very Poor (e.g Thick fog < 75m / Night)	25	
	Moderate	5			Poor (e.g Heavy rain / mist etc)	5	
	Low / None	0			Good	0	
River Debris	Very Heavy	25		Water Temp	Dec – Feb	5	
	Heavy	5			Mar – Apr, Oct – Nov	3	
	Light	2			May -Sept	0	
	None	0			Additional boats in same outing	Other inexperienced crewed boat	
River limits	Beyond Rugby club	20	No other boats	0			
	Up to Rugby club	0	Other experienced crewed boat	-5			

Outcome	HIGH RISK	Do Not Row	25+	TOTAL OUTING SCORE
	MEDIUM RISK	Proceed with a recovery plan	16 to 24	
	LOW RISK	Proceed with Care	Up to 15	

***Recovery Plan must include at least: -**

Ability to recover self and boat, change of clothing on land, mobile phone in boat.	Yes / No
Notified someone of outing and expected time for return and informing of return.	Name and phone number of contact
Any other notes: -	

This matrix is a guideline. The decision to go afloat rests with the coach.

No criticism will be faced by any athlete unwilling to row when they believe it is unsafe to do so.