

Evesham Rowing Club Rowing Risk Matrix – Squad / Coached Outings

Use Your Common Sense – If in Doubt then Don't Go Out

All rowers must check their boats before going on the water.

Date	Time Out	Time In	Squad	Number of Boats	Person in Charge

Black Risk Conditions

Condition	Y/N	Condition	Y/N	<u>IF ONE OR MORE BLACK CONDITIONS EXIST IT IS UNSAFE TO ROW. THE OUTING MUST BE CANCELLED</u>
Water Level above 1.06 m		Very High Wind / Gusts		
Very Fast River Flow		Waves (> 1 foot)		
Very Heavy River Debris		River Ice		
Thick Fog (< 75m)		Very Busy Traffic		
Electric Storm / Lightening		Night		

Element	Risk Assessment	Score	Your Score	Element	Risk Assessment	Score	Your score
Boat Type (Smallest)**	Single	5		River Level Marker	Red (above 1.06m)	25	
	Double	5			Amber	3	
	Pair	4		Green	0		
	Four/Quad	3		River Flow	Fast	5	
	Eight/Octopule	2			Normal	0	
Coxless**	Inexperienced Steer	5		Water Temp	Dec – Feb	5	
	Experienced Steer	1			Mar – Apr, Oct – Nov	3	
Crew**	Basic	5		Weather & Water	High Wind / Rough / High Rain	5	
		3			Gusty / Choppy / Mild Rain	2	
		2			Calm	0	
0		Visibility	Poor e.g. heavy rain or fog	5			
Ability**	Vulnerable Beginner		5		Dusk	3	
	Unfit / Inexperienced	3	Good		0		
Cox (Highest)**	Inexperienced Cox	3		River Traffic	Busy	3	
	Experienced Cox	0			Moderate	1	
Boat / Coach Ratio	1 (Boat): 1 (Coach)	-5		River Debris	Heavy	5	
		0			Light	2	
		10			None	0	
		25			Cover	From Launch to RC	
Additional Supervisor(s)	1 or more with coach	0	From Land to RC	-8			
	1 or more - separate	-5		From Launch beyond RC	-5		
		RC=		0	From another boat to RC	0	
Rugby Club				3	From another boat beyond RC	3	

Outcome	HIGH RISK	Do Not Row	25+	TOTAL OUTING SCORE	
	MEDIUM RISK	Proceed with a Recovery Plan*	16 to 24		
	LOW RISK	Proceed with Care	Up to 15		

Recovery Plan – Must include means of communication to summon help. Must include Throw Rope

** The score will be the highest score applicable

This matrix is a guideline. The decision to go afloat rests with the coach.

No criticism will be faced by any athlete unwilling to row when they believe it is unsafe to do so.