

## Evesham Rowing Club Rowing Risk Matrix – Squad / Coached Outings

**Use Your Common Sense – If in Doubt then Don't Go Out**

Date	Time Out	Time In	Squad	Number of Boats	Person in Charge

### Black Risk Conditions

Condition	Y/N	Condition	Y/N
Water Level above Wall		Very High Wind / Gusts	
Very Fast River Flow		Waves (> 1 foot)	
Very Heavy River Debris		River Ice	
Thick Fog (< 75m)		Very Busy Traffic	
Electric Storm		Night	

**IF ONE OR MORE BLACK CONDITIONS EXIST IT IS UNSAFE TO ROW. THE OUTING MUST BE CANCELLED**

Element	Risk Assessment	Score	Your Score	Element	Risk Assessment	Score	Your score			
Boat Type (Smallest)**	Single	5		River Level Marker	Red	15				
	Double	5			Amber	3				
	Pair	4			Green	0				
	Four/Quad	3		River Flow	Fast	5				
	Eight/Octopule	2			Normal	0				
Coxless**	Inexperienced Steer	5		Water Temp	Dec – Feb	5				
	Experienced Steer	1			Mar – Apr, Oct – Nov	3				
Crew**	Basic Novice Combination Experienced	5			Weather & Water	High Wind / Rough / High Rain		5		
		3		Gusty / Choppy / Mild Rain		2				
		2		Visibility	Poor e.g. heavy rain or fog	5				
		0			Dusk	3				
Ability**	Vulnerable Beginner Unfit / Inexperienced Fit / Experienced	5		River Traffic	Busy	3				
		3			Moderate	1				
		0			None	0				
Cox (Highest)**	Inexperienced Cox Experienced  Cox	3		River Debris	Heavy	5				
		0			Light	2				
		Boat / Coach Ratio		1 (Boat) : 1 (Coach) 2-3:1 4-5:1 6+:1	-5		Cover RC= Rugby Club	From Launch to RC	-10	
					0			From Land to RC	-8	
Additional Supervisor(s)	1 or more with coach 1 or more - separate	0			From Launch beyond RC	-5				
		-5			From another boat to RC	0				
					From another boat beyond RC	3				

	<b>HIGH RISK</b>	<b>Do Not Row</b>	<b>25+</b>	<b>TOTAL</b>	
<b>Outcome</b>	<b>MEDIUM RISK</b>	<b>Proceed with a Recovery Plan*</b>	<b>16 to 24</b>	<b>OUTING</b>	
	<b>LOW RISK</b>	<b>Proceed with Care</b>	<b>Up to 15</b>	<b>SCORE</b>	

\*\* The score will be the highest score applicable

**Recovery Plan (Must Include Means of Communication to summon Help. Must include Throw Rope**

  
  
  
  
  

**This matrix is a guideline. The decision to go afloat rests with the coach.**

**No criticism will be faced by any athlete unwilling to row when they believe it is unsafe to do so.**