

Evesham Rowing Club Rowing Safety Matrix
“Unsupervised Outings”
Use Your Common Sense – If in Doubt then Don’t Go Out

This matrix is a guideline. The decision to go afloat rests with the cox or steersperson of the crew. No criticism will be faced by anyone unwilling to row when they believe it is unsafe to do so

Date	Time Out	Time In	Crew	Person in Charge (Sign)

<u>Black Condition</u>	<u>Y/N</u>	<u>Black Condition</u>	<u>Y/N</u>
River in Red		Very High Wind / Gusts	
Very Fast River Flow		Waves (> 1 foot)	
Very Heavy River Debris or river ice		Very Busy Traffic	
Thick Fog (< 100m)		Night	
Electric Storm		Basic / Novice / J16 or Under	

IF ONE OR MORE BLACK CONDITIONS EXIST IT IS UNSAFE TO ROW. THE OUTING MUST BE CANCELLED

Element	Risk Assessment	Score	Your Score	Element	Risk Assessment	Score	Your Score
Boat Type	Single	6		River	Red	BLACK	
	Pair	4		Level	Amber	5	
	Double	2		Marker	Green	0	
	Fours/Quads	1		Water Temp	Cold Water (November Dec-Jan -Feb-Early March)	5	
Crew	Experienced ((W)J17 +	2		Water Temp	Mar-Apr, Oct	3	
	Combination	5		Water Temp	Summer Months May,June,July,Aug,Sept	0	
	Inexperienced	10		Weather	High Wind / Rough / High Rain	5	
Traffic	Moderate	1		& Water	Gusty / Choppy / Mild Rain	2	
	Low/None	0			Calm	0	
River	Fast	5		Visibility	Poor e.g. heavy rain or fog	5	
Flow	Medium	3			Dusk	3	
	Normal	0					

TOTAL POINTS:	RISK LEVEL:	Meaning:	Total Risk Assessment Score:
25+	HIGH	Do Not Row	
16 to 24	MEDIUM	Proceed with a Recovery Plan*	
Up to 15	LOW	Proceed with Care	

***All solo unsupervised outings must have a Recovery Plan as follows:- have notified someone of outing, be able to recover self and boat. Include Means of Communication to summon help. Change of Clothing.**